

The Spa

AT THE ELMS

GROTTO ACCESS

\$75 per person, based on spa availability.

This fee is waived with spa services. Use of the Grotto is complimentary on the day of scheduled spa services. Grotto access is limited to two hours with a scheduled spa treatment



MASSAGE

HOT STONE MASSAGE
75 Minutes. \$280

CLOUD 9 CUPPING MASSAGE
75 Minutes \$240

THERAPEUTIC MASSAGE
100 Minute \$320
80 Minutes \$250
50 Minutes \$185

WATERFALL MASSAGE
75 Minutes \$240

ELMS SWEDISH MASSAGE
80 Minutes \$250
50 Minutes \$185

HERBAL THAI MASSAGE
75 Minutes \$280

PRENATAL MASSAGE
50 Minutes \$185
75 Minutes \$220

QUARTZ MASSAGE
100 Minutes \$320
50 Minutes \$180

THE ASHWAGANDHA ESSENTIALS MASSAGE
50 Minutes \$190

BAMBOO MASSAGE
100 Minutes \$290

LUXURY MASSAGE ENHANCEMENTS

ALL CLEAR SINUS SOOTHER | \$20
HAIRS TO YOU | \$20
FOOT RENEWAL | \$20
GEMSTONE SHEET MASK | \$30
CBD MASSAGE OIL | \$30

FACIALS

HYDRAFACIAL TREATMENTS
100 Minutes \$380
50 Minute (Includes Circadia Glow Kit) \$370
50 Minutes \$270

HEALTHY GLOW FACIAL
50 Minutes \$170

SIMPLY RADIANT FACIAL
80 Minutes \$220

SEASONAL FACIAL
50 Minutes \$170

COLLAGEN FACIAL
80 Minutes \$280
50 Minutes \$180

ELMS SIGNATURE FACIAL
100 Minutes \$320

LUXURY FACIAL ENHANCEMENTS

GUASHA TREATMENT | \$20
HAIRS TO YOU | \$20
GEMSTONE EYE GELS | \$20
ICE GLOBE | \$20

BODY TREATMENTS

SEASONAL WATERFALL SCRUB
45 Minutes \$170

VIBRANT C SCRUB
45 Minutes \$170

BODY GLOW RITUAL
50 Minutes \$180

THERMAL MINERAL MUD WRAP
75 Minutes \$220

BODY RENEWAL RITUAL
75 Minutes \$220

REFINE & RELAX
45 Minutes \$180

MOM TO BE

PRENATAL MASSAGE

50 Minutes \$185

75 Minutes \$220

SIMPLY RADIANT FACIAL

80 Minutes \$220

HEALTHY GLOW FACIAL

50 Minutes \$170

BELLY FACIAL

50 Minutes \$170



NATURAL NAIL CARE

SEASONAL MANICURE

WEEKDAY \$75 | FRI-SUN \$85

SEASONAL PEDICURE

50 MINUTES. WEEKDAY \$85 | FRI-SUN \$95

SEASONAL ULTIMATE MANICURE

WEEKDAY \$100 | FRI-SUN \$110

SEASONAL ULTIMATE PEDICURE

WEEKDAY \$105 | FRI-SUN \$115

WELLNESS EXPERIENCES

HALO SALT CAVE

45 Minutes \$85

BREATHE & DETOX SALT SUITE

45 Minutes \$85

QUARTZ SOUND HEALING RITUAL

50 Minutes \$170

ACUPUNCTURE & QUARTZ ENERGY WORK

50 Minutes \$170

NATURE & ACUPUNCTURE HEALING RITUAL

50 Minutes \$220

*This service is weather dependent, offered in spring, summer and fall.

SPA'RTY PACKAGES

Celebrate your special day with your squad in a private VIP Spa Lounge.

*VIP lounge rentals come with a two-hour grotto pass for all guests in the party. *\$75 grotto fee is waived per person. 10% discount on spa services on day of rental *Spa Suite Experiences Do Not Include Treatments. Treatments To Be Booked Separately.

TOUCH OF ROMANCE

Enjoy decadent snacks, and sweet chocolate covered strawberries, while sipping champagne with that special someone. Sit back and relax in your luxurious keepsake Elms robe, and take in the waters within the grotto and pool spaces at your leisure.

Two-Hour Couples Experience | \$400

SPA'RTY CELEBRATION

Enjoy the savory goodness of a custom-made charcuterie board while your squad sips on refreshing beverages in a private spa lounge. The lounge is a great place for your tribe to enjoy refreshments within the spa space, while allowing you to gather and celebrate the special occasion.

120 Minutes. \$500

Four Person Experience. A charge of \$125 will be added to the package per additional guest.

VIP LOUNGE RENTAL

Looking for a private space for your squad to gather during your spa visit? The VIP Lounge is a great place for large groups to gather and enjoy time together

2 Hour Rental \$300/4 Hour Rental \$600

*Food available for purchase prior to arrival

*Beverages can be purchased day of.

VIP Lounge Amenities

Charcuterie Board \$45/\$65

Celebration Cake \$60

Chocolate Covered Strawberries \$40

Fruit Platter \$45

Pastry Platter \$55

Champagne \$30

COUPLES TREATMENTS

To book couples treatments please call the spa directly at 816-629-2521. Most treatments are available in a couples setting. Please note, couples treatments cannot be booked online.

SERVICE CHARGE/ TIPPING POLICY

As a convenience, an automatic 21% service charge is added to all services which includes a 15% service charge for the service provider(s).

The Spa
AT THE ELMS

401 REGENT STREET
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